12-24 Months Questions



Patient Name: DOB: Date:

Any questions or concerns today? Please circle all that apply. **Eating** Υ Ν Elimination (voiding/stooling) Υ Ν Sleeping Υ Ν Developmental (learning/behavior/speech/movement) Υ Ν Hearing/Vision Υ Ν Skin Υ Ν **Vaccines** Other Υ Any family changes or stressors since last visit? Any illnesses or injuries since your last visit? Ν Does your child still take a bottle? Does your child eat hot dogs, peanuts, popcorn, raw carrots, hard candies? Have you started brushing your child's teeth? Ν Does your child sit in a rear-facing car seat in the back of the car? Υ Ν Do you use sunscreen and bug spray? Υ Ν Does your child spend time with anyone who smokes? Ν Do you know CPR? Υ Ν Do you know the rescue maneuver for choking? Υ Ν Do you have smoke detectors and carbon monoxide detectors? Υ Ν Υ Do you use stairway gates? Ν Are cleaning supplies and medicines stored up high and locked? Υ Ν Do you have the phone number for Poison Control handy? Υ Ν Do you have a gun in your home? Is it unloaded? Is it locked? Ν Is ammunition stored separately? Ν

SEE REVERSE FOR ADDITIONAL QUESTIONS

12-24 Months Questions



Patient Name:	DOB:	Date:

Food Insecurity Questions (mark your answer):

- Within the past 12 months, you worried that your food would run out before you got money to buy more.
 - Often true
 - Sometimes true
 - Never true
- Within the past 12 months, the food you bought just didn't last and you didn't have money to get more.
 - Often true
 - Sometimes true
 - Never true

Transportation Questions (mark all that apply):

- In the past 12 months, has lack of transportation kept you from medical appointments, meetings, working or from getting things needed for daily living?
 - Yes, it has kept me from medical appointments or getting medications
 - Yes, it has kept me from non-medical meetings, appointments, work or getting things that I need
 - o No

M-CHAT R



Patient Name:	DOB:	Date:

Please answer these questions about your child. Keep in mind how your child usually behaves. If you have seen your child do the behavior a few times, but he or she does not usually do it, please answer **No**. Please circle **Yes** or **No** for every question.

seriation a few times, but he of she aces not assauly do it, please answer no. Thease energy for the for every question.		
1. If you point at something across the room, does your child look at it? FOR EXAMPLE , if you point at a toy or an animal, does your child look at the toy or animal?	Yes	No
2. Have you ever wondered if your child might be deaf?	Yes	No
3. Does your child play pretend or make-believe? FOR EXAMPLE , pretend to drink from an empty cup, pretend to talk on a phone, or pretend to feed a doll or stuffed animal?	Yes	No
4. Does your child like climbing on things? FOR EXAMPLE , furniture, playground equipment, or stairs.	Yes	No
5. Does your child make unusual finger movements near his or her eyes? FOR EXAMPLE , does your child wiggle his or her fingers close to his or her eyes?	Yes	No
6. Does your child point with one finger to ask for something or to get help? FOR EXAMPLE , pointing to a snack or toy that is out of reach	Yes	No
7. Does your child point with one finger to show you something interesting? FOR EXAMPLE , pointing to an airplane in the sky or a big truck in the road	Yes	No
8. Is your child interested in other children? FOR EXAMPLE , does your child watch other children, smile at them, or go to them?	Yes	No
9. Does your child show you things by bringing them to you or holding them up for you to see – not to get help, but just to share? FOR EXAMPLE , showing you a flower, a stuffed animal, or a toy truck	Yes	No
10. Does your child respond when you call his or her name? FOR EXAMPLE , does he or she look up, talk or babble, or stop what he or she is doing when you call his or her name?	Yes	No
11. When you smile at your child, does he or she smile back at you?	Yes	No
12. Does your child get upset by everyday noises? FOR EXAMPLE , does your child scream or cry to noise such as a vacuum cleaner or loud music?	Yes	No
13. Does your child walk?	Yes	No
14. Does your child look you in the eye when you are talking to him or her, playing with him or her, or dressing him or her?	Yes	No
15. Does your child try to copy what you do? FOR EXAMPLE , wave bye-bye, clap, or make a funny noise when you do	Yes	No
16. If you turn your head to look at something, does your child look around to see what you are looking at?	Yes	No
17. Does your child try to get you to watch him or her? FOR EXAMPLE , does your child look at you for praise, or say "look" or "watch me"?	Yes	No
18. Does your child understand when you tell him or her to do something? FOR EXAMPLE , if you don't point, can your child understand "put the book on the chair" or "bring me the blanket"?	Yes	No
19. If something new happens, does your child look at your face to see how you feel about it? FOR EXAMPLE , if he or she hears a strange or funny noise, or sees a new toy, will he or she look at your face?	Yes	No
20. Does your child like movement activities? FOR EXAMPLE, being swung or bounced on your knee	Yes	No

BRIGHT FUTURES HANDOUT ▶ PARENT

2 YEAR VISIT

Here are some suggestions from Bright Futures experts that may be of value to your family.



V

HOW YOUR FAMILY IS DOING

- Take time for yourself and your partner.
- Stay in touch with friends.
- Make time for family activities. Spend time with each child.
- Teach your child not to hit, bite, or hurt other people. Be a role model.
- If you feel unsafe in your home or have been hurt by someone, let us know.
 Hotlines and community resources can also provide confidential help.
- Don't smoke or use e-cigarettes. Keep your home and car smoke-free.
 Tobacco-free spaces keep children healthy.
- Don't use alcohol or drugs.
- Accept help from family and friends.
- If you are worried about your living or food situation, reach out for help.
 Community agencies and programs such as WIC and SNAP can provide information and assistance.



TALKING AND YOUR CHILD

- Use clear, simple language with your child. Don't use baby talk.
- Talk slowly and remember that it may take a while for your child to respond. Your child should be able to follow simple instructions.
- Read to your child every day. Your child may love hearing the same story over and over.
- Talk about and describe pictures in books.
- Talk about the things you see and hear when you are together.
- Ask your child to point to things as you read.
- Stop a story to let your child make an animal sound or finish a part of the story.



YOUR CHILD'S BEHAVIOR

- Praise your child when he does what you ask him to do.
- Listen to and respect your child. Expect others to as well.
- Help your child talk about his feelings.
- Watch how he responds to new people or situations.
- Read, talk, sing, and explore together. These activities are the best ways to help toddlers learn.
- Limit TV, tablet, or smartphone use to no more than 1 hour of high-quality programs each day.
 - It is better for toddlers to play than to watch TV.
 - Encourage your child to play for up to 60 minutes a day.
- Avoid TV during meals. Talk together instead.



TOILET TRAINING

- Begin toilet training when your child is ready.
 Signs of being ready for toilet training include
 - Staying dry for 2 hours
 - Knowing if she is wet or dry
 - Can pull pants down and up
 - Wanting to learn
 - Can tell you if she is going to have a bowel movement
- Plan for toilet breaks often. Children use the toilet as many as 10 times each day.
- Teach your child to wash her hands after using the toilet.
- Clean potty-chairs after every use.
- Take the child to choose underwear when she feels ready to do so.

Helpful Resources: National Domestic Violence Hotline: 800-799-7233 | Smoking Quit Line: 800-784-8669 Information About Car Safety Seats: www.safercar.gov/parents | Toll-free Auto Safety Hotline: 888-327-4236

2 YEAR VISIT—PARENT



SAFETY

- Make sure your child's car safety seat is rear facing until he reaches the
 highest weight or height allowed by the car safety seat's manufacturer. Once
 your child reaches these limits, it is time to switch the seat to the forwardfacing position.
- Make sure the car safety seat is installed correctly in the back seat. The harness straps should be snug against your child's chest.
- Children watch what you do. Everyone should wear a lap and shoulder seat belt in the car.
- Never leave your child alone in your home or yard, especially near cars or machinery, without a responsible adult in charge.
- When backing out of the garage or driving in the driveway, have another adult hold your child a safe distance away so he is not in the path of your car.
- Have your child wear a helmet that fits properly when riding bikes and trikes.
- If it is necessary to keep a gun in your home, store it unloaded and locked with the ammunition locked separately.

WHAT TO EXPECT AT YOUR CHILD'S 2½ YEAR VISIT

We will talk about

- Creating family routines
- Supporting your talking child
- Getting along with other children
- Getting ready for preschool
- Keeping your child safe at home, outside, and in the car

Consistent with *Bright Futures: Guidelines for Health Supervision* of *Infants, Children, and Adolescents,* 4th Edition

For more information, go to https://brightfutures.aap.org.

American Academy of Pediatrics

DEDICATED TO THE HEALTH OF ALL CHILDREN®

The information contained in this handout should not be used as a substitute for the medical care and advice of your pediatrician. There may be variations in treatment that your pediatrician may recommend based on individual facts and circumstances. Original handout included as part of the *Bright Futures Tool and Resource Kit*, 2nd Edition. Inclusion in this handout does not imply an endorsement by the American Academy of Pediatrics (AAP). The AAP is

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Patient Name: DOB:



24 Month Questionnaire

23 months 0 days through 25 months 15 days

On the following pages are questions about activities children may do. Your child may have already done some of the activities described here, and there may be some your child has not begun doing yet. For each item, please fill in the circle that indicates whether your child is doing the activity regularly, sometimes, or not yet.

In	nportant Points to Remember:	Notes:				
<u> </u>	Try each activity with your child before marking a response.					
	Make completing this questionnaire a game that is fun for you and your child.					
	Make sure your child is rested and fed.					
a	Please return this questionnaire by					
child	is age, many toddlers may not be cooperative when asked to comore than one time. If possible, try the activities when your ch "yes" for the item.					
co	MMUNICATION		YES	SOMETIMES	NOT YET	
V	Vithout your showing him, does your child point to the correct when you say, "Show me the kitty," or ask, "Where is the dog?" eeds to identify only one picture correctly.)			\bigcirc		
s h	Does your child imitate a two-word sentence? For example, who ay a two-word phrase, such as "Mama eat," "Daddy play," "Go ome," or "What's this?" does your child say both words back thank "yes" even if her words are difficult to understand.))	\bigcirc	0		
	Vithout your giving him clues by pointing or using gestures, can hild carry out at least <i>three</i> of these kinds of directions?	n your		\bigcirc	\bigcirc	
(a. "Put the toy on the table." d. "Find your coa	t."				
(b. "Close the door." e. "Take my hand	."				
(c. "Bring me a towel."	. "				
	you point to a picture of a ball (kitty, cup, hat, etc.) and ask yo What is this?" does your child correctly <i>name</i> at least one picto		\bigcirc	\bigcirc	\bigcirc	
te (I k	Does your child say two or three words that represent different ogether, such as "See dog," "Mommy come home," or "Kitty of Don't count word combinations that express one idea, such as eye," "all gone," "all right," and "What's that?") Please give an imple of your child's word combinations:	gone"? <i>"bye</i> -				

C	OMMUNICATION (continued)	YES	SOMETIMES	NOT YET	
6.	Does your child correctly use at least two words like "me," "I," "mine," and "you"?	\bigcirc	\bigcirc	\bigcirc	
		(COMMUNICATIO	ON TOTAL	
G	ROSS MOTOR	YES	SOMETIMES	NOT YET	
1.	Does your child walk down stairs if you hold onto one of her hands? She may also hold onto the railing or wall. (You can look for this at a store, on a playground, or at home.)	\bigcirc	\bigcirc	\bigcirc	
2.	When you show your child how to kick a large ball, does he try to kick the ball by moving his leg forward or by walking into it? (If your child already kicks a ball, mark "yes" for this item.)	\bigcirc	0	0	
3.	Does your child walk either up or down at least two steps by herself? She may hold onto the railing or wall.	0		\bigcirc	
4.	Does your child run fairly well, stopping herself without bumping into things or falling?	0	0	0	_
5.	Does your child jump with both feet leaving the floor at the same time?	\bigcirc		0	
6.	Without holding onto anything for support, does your child kick a ball by swinging his leg forward?	0	0	\circ	
			*If Gross Motor Item "yes" or "some Gross Motor I	n 6 is marked etimes," mark	

"help" you in the kitchen)?

			/
2. Do you think your child talks like other toddlers her age? If no, explain:	YES	O NO	
			/

ASQ3	

OVERALL (continued)			
3. Can you understand most of what your child says? If no, explain:	YES	O NO	
	O 1.72	O	_
 Do you think your child walks, runs, and climbs like other toddlers his age? If no, explain: 	YES	O NO	
			_
Does either parent have a family history of childhood deafness or hearing impairment? If yes, explain:		O NO	
			_
			_
6. Do you have any concerns about your child's vision? If yes, explain:	YES	О NO	
7. Has your child had any medical problems in the last several months? If yes, explain:	YES	ONO	
7. Thas your child had any medical problems in the last several months: if yes, explain.	fes		_

OVERALL (continued)			
8. Do you have any concerns about your child's behavior? If yes, explain:	YES	O NO	
			\ _
9. Does anything about your child worry you? If yes, explain:	YES	O NO	
			\